Download Bot template for Visual Studio  
<http://aka.ms/bf-bc-vstemplate>

Download Bot Controller  
<http://aka.ms/bf-bc-vscontrollertemplate>

Download Bot Dialog  
<http://aka.ms/bf-bc-vsdialogtemplate>

Copy & paste template files to the directory  
%USERPROFILE%\Documents\Visual Studio 2017\Templates\ProjectTemplates\Visual C#\

Download Bot emulator and install  
<https://github.com/Microsoft/BotFramework-Emulator/releases/tag/v3.5.31>